

Ladies QuickStart/Re-Start Tennis

The QuickStart/Re-start program is designed for those that have never played before or those that have not played in a while. Whether you want to start or re-start your tennis game, there are options for everyone. This program introduces and welcomes back players to the game in a fun, positive and relaxed environment.

Day	Time	Description	Cost
Monday	9:30 – 10:30am	Ladies QuickStart/Re-Start This class is for adult players with little or no tennis experience or those that have not played tennis in a while. Fun way to start or re-start your tennis game.	\$22/class
Thursday	6:00 – 7:00pm	Ladies QuickStart Learn the fundamentals of the game. Get a Quick Start to playing tennis. This is the most fun way to learn tennis in a positive, relaxed and fun environment. Choose your start date, 4 week sessions. Your calendar is our calendar!	*\$60/session
Thursday	7:00 – 8:00pm	Ladies Re-Start Players looking to get back on the court or have not played in a while. Re-Start your tennis game.	\$22/class
Friday	9:00 – 10:30am	Ladies re-Start Haven't played tennis in a while? Looking to learn and practice the basics of doubles, creating consistency in rallies/point play while continuing to improve stroke production? Looking to build up a sweat? This is the perfect blend of Information, Inspiration and Perspiration.	\$35/class
Sunday	9:00 – 10:30am	Ladies Re-Start Haven't played tennis in a while? Looking to learn and practice the basics of doubles, creating consistency in rallies/point play while continuing to improve stroke production? Looking to build up a sweat? This is the perfect blend of Information, Inspiration and Perspiration.	\$35/class

Ready to sign up?: Text 267-441-4419 or call 215-643-7377 ext 304

Not sure where to start or need help with finding the right class options for you?
Please contact Huibri@upperdublinsportscenter.com or call 215-643-7377 ext 304

Week to week sign ups!